

# Simple Steps to Complete Your Life Insurance Application

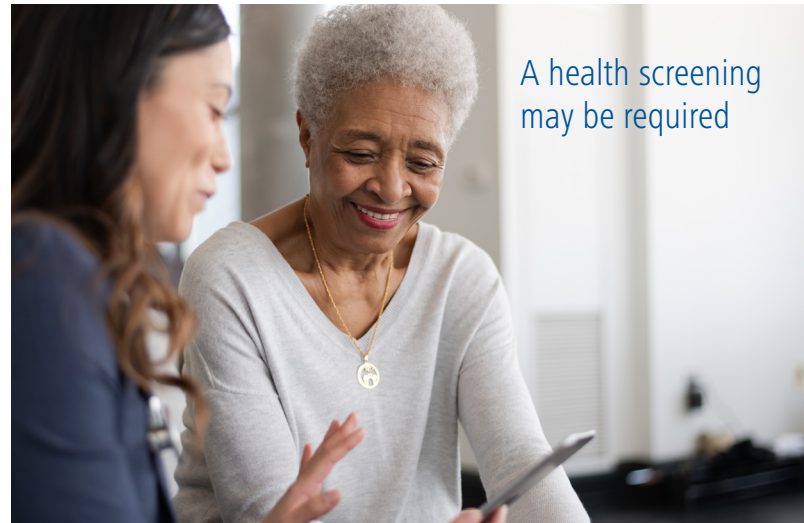


Thank you for your recent life insurance application with AAA Life Insurance Company. You've taken an important step to help protect those you care about most.

Now that you have completed the application, there may be one more step in the process. As your agent discussed, you may also be selected to complete a health screening.

The details you share throughout the process will remain confidential. Once you have completed the health screening, if needed, our Underwriting department will review your life insurance application.

## It's just that simple!



A health screening may be required

### PREPARE THIS INFORMATION IF A HEALTH SCREENING IS REQUIRED



#### DOCTOR INFORMATION

Include all Doctor Visits in Last 5 Years

- Name of Physician/Clinic
- Address
- Phone
- Date Last Seen
- Reason for Last Visit
- Referrals/Reasons/Dates



#### MEDICATION INFORMATION

- Names
- Dosage
- Reason for Taking
- Frequency
- Dates Used



#### HOSPITAL VISITS

Include all Emergency Room and Urgent Care Visits in Last 5 Years

- Name of Facilities
- Date
- Reason for Visit
- Diagnosis
- Treatment



#### EMPLOYMENT INFORMATION

- Current Employer Name
- Address
- Phone Number



#### FAMILY INFORMATION

- Health History



#### HOUSEHOLD FINANCES

- Income

## Health Screening

If required by AAA Life, you will complete a health screening. The health screening will gather more personal and medical information. Please refer to the chart at the left to help prepare you for your health screening. If you are not a United States citizen, we will also need to confirm the type of visa or green card, the number of the card, and the expiration date. It will take 30-45 minutes to complete. For your convenience, it can be conducted at the time and location of your choice. This can be at home, at work, or in a clinic setting.

Here is some of the information that will be gathered during your health screening:

- Height and Weight
- Blood Pressure Readings
- Blood and Urine Samples
- ECG/EKG Readings (if necessary)

### YOUR SCREENING DATE & TIME

Date: \_\_\_\_\_

Time: \_\_\_\_\_

**Note:** If the life insurance applicant is under age 18, the process will vary. In most cases, minors will not be required to undergo a screening.

## TIPS FOR OPTIMAL HEALTH SCREENING RESULTS

Schedule your screening for a time when you will be most relaxed.

The best time to have your screening is in the morning.

To verify identity, have picture ID ready at the appointment.

Wear a short-sleeved garment or one with sleeves that roll up easily to help facilitate the process.

## REMINDERS FOR HEALTH SCREENING DAY

### 24 HOURS BEFORE SCREENING

Avoid strenuous exercise and get a good night's rest.

### 12 HOURS BEFORE SCREENING

Avoid alcohol, caffeine, fatty foods, salt, and over the counter medications.

### 1 HOUR BEFORE SCREENING

Drink water and avoid using tobacco.

### RIGHT BEFORE YOUR SCREENING

Relax.



## Next Steps: Sit Back & Relax

After the health screening (if required) is completed, your part is done. AAA Life's underwriting professionals will evaluate the information provided and determine if any additional requirements are needed.

For applicants 18 and older, MIB data, prescription history, and motor vehicle reports are collected. Financial information and public records may be collected. In some cases, a report from your physician may also be required.

Your agent will notify you when a decision has been made on your application. If your life insurance coverage is approved, an insurance policy will be delivered to you. Once you receive the life insurance policy, you'll have a chance to review it and discuss any questions you may have with your agent.

Since 1969, AAA Life has been helping to protect families with our valuable life insurance products. By getting life insurance from AAA Life, you're becoming a part of our history of service. We hope this information has prepared you for the rest of the application process.

We appreciate your business and thank you for your life insurance application.

